

PROTECT YOUR CHILD!

ASK SHOC HOW!



Issued by



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Neill Bond (Hon. Treasurer)
S.H.O.C.
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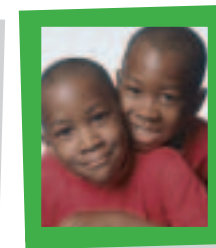
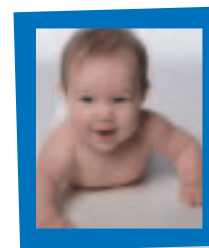
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GET INFORMED!



Artificial Sweeteners - Sour Aftertaste



DID YOU KNOW.....?

Aspartame “can cause brain tumours and brain cancer” –

Dr Adrian Gross, Food & Drug Administration (FDA) Toxicologist

Aspartame “interacts with antidepressants, cardiac medications, hormones, insulin, vaccines and many other chemical substances. **It is a deadly neurotoxic drug masquerading as a harmless additive**” –

Dr William Campbell Douglass M.D.

“I had severe depression in 1996. In 2001 I stopped using Aspartame. Much improved, I am now functioning without contemplating suicide.”
*“There have been studies in the U.S. showing that **artificial sweeteners actually contribute to weight gain, not to weight loss.**”*

Dr J Dallas Van Wagner M.D.

“My repeated emphasis to colleagues, the FDA and the Congress that the approval of Aspartame for human use has spawned an imminent public health hazard, continues to fall on deaf ears” –

H.J. Roberts M.D., F.A.C.P., F.C.C.P.

Aspartame accounts for over 75% of adverse reactions, reported annually to the FDA. It has been associated with diabetes mellitus, arthritis, depression, hypoglycaemia, convulsions, headache, hypertension, hyperthyroidism and aspartame addiction.

Aspartame is used in over 5,000 products including 'fruit' drinks, diet colas, sweets, cakes, sauces and other processed food. It is not always included in the printed list of ingredients. It is sold as a tea/coffee sweetener under several different names, primarily

“Nutrasweet”.

AND ANOTHER THING.....

Sucralose starts as sugar, but some of its molecules are swapped with chlorine atoms. Few safety studies on humans have been done. Animal research has shown that **Sucralose** can cause diarrhoea, shrunken thymus glands, enlarged liver and kidneys, stunted growth and decreased red blood cell count.

The manufacturer of **Sucralose** has issued this statement:

“...foods made with low-calorie sweeteners are not normally a recommended part of a child's diet....”

It is sold in the UK by the name

“Splenda”.